



# Stage 4 Risk Assessment Modified Training

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## TEMPLATE COVID-19 RISK ASSESSMENT – STAGE 4 RETURN TO COMMUNITY NETBALL

*Further risk assessment templates will be made available for future stages of the Return to Community Netball Roadmap. This template cover training only; if participating in or organising a league or other competition, the Stage 4a (Competition using modified rules) must be used.*

What is COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that affects your lungs and airways. It is caused by a virus called Coronavirus and affected individuals can display a range of symptoms from mild to severe illness and death for confirmed cases. Affected people can also be entirely asymptomatic. Transmission is by respiratory droplets and direct contact. This Risk Assessment template must be considered alongside current Government guidance as well as guidance from England Netball. Netball Organisations should also consider their existing Health & Safety documents alongside this and this should be kept under continual review. The COVID-19 Officer for your club, league, county or region will need to ensure that this risk assessment remains up to date and in line with both latest Government guidance as well as England Netball’s latest guidance.

<b>Our club name: FAIRLANDS NETBALL CLUB</b>	<b>Our COVID-19 Officer is: Karen Jones</b>
<b>Name of activity: Netball</b>	<b>This activity takes place at : Epsom College and Harris Academy Sutton</b>
<b>Who is carrying out this assessment? Karen Jones</b>	<b>We will review this risk assessment next on: 31 Dec 2020</b>
<b>Date of the Risk Assessment: 25/8/20</b>	

What are the Risks?	Who might they affect?	General controls to be put in place	Activity specific controls to be put in place	Who will be responsible to action?	When does it need to be actioned by?	Is it complete?
<b>For some people, the risk of COVID-19 is higher</b>	Players, coaches, officials, volunteers, parents	High risks groups are aware of the risks involved in netball and have access to the personal risk assessment  Participants have the choice if they would like to attend sessions and ‘opt in’ to activity  There is no pressure from coaches, club volunteers or	All members received a link to the Personal Risk Assessment in the England Netball email 18 <sup>th</sup> Aug 2020.  Fairlands follow-up email to all members and coaches and briefing at first session advising participation is optional	COVID Officer, players.	9 <sup>th</sup> Sept 2020	In progress

		other players to join Netball training sessions	All member to sign Opt-In form before participation in netball activity.			
<b>Someone returns to soon following a case of COVID-19</b>	Players	<p>Players are aware of the risks of exercising post a case of COVID-19.</p> <p>Players advised to follow the advice of their GP or Consultant</p>	All members received information on this in the England Netball email 18 <sup>th</sup> Aug 2020.	Players	Ongoing	Complete
<b>Risk of someone attending who is displaying symptoms of COVID-19 or living with someone displaying symptoms</b>	Players, coaches, officials, volunteers, parents	<p>Provide clear information to all members of potential COVID-19 symptoms</p> <p>Ensure pre-travel health screening is undertaken prior to travelling to activity</p> <p>Undertaken a further health screening before entry into session</p> <p>Any individual displaying symptoms advised to return home, self-isolate and apply for a test online or call 119</p>	<p>All members received England Netball email 18<sup>th</sup> Aug 2020 with a link to the COVID Symptom Checker and instruction to undertake a personal health screen before leaving home for netball activity.</p> <p>Fairlands follow-up email to all members and coaches and briefing at first session advising.</p> <p>COVID Symptom Checker to be on display at entrance to sessions and matches, with an instruction to return home, self-isolate and apply for a test online or call 119 if displaying any symptoms.</p>	COVID Officer	9 <sup>th</sup> Sept 2020	In progress

			In registering for a session players are agreeing they, or a member of their household, do not have any of the symptoms.			
<b>Transport to and from activity</b>	Players, coaches, officials, volunteers, parents	Car sharing outside of household is not permitted  Adherence to Government guidance on travel and public transport	All members received England Netball email 18 <sup>th</sup> Aug 2020 with instructions on this.  Fairlands follow-up email to all members and coaches and briefing at first session.	COVID Officer	9 <sup>th</sup> Sept 2020	In progress
<b>Droplet transmission</b>	Players, coaches, officials, volunteers, parents, members of public at venue	Gaps scheduled between groups  Maximum of 30 people per netball court (inc players and coaches/volunteers/officials)  If a full size netball court (30.5m x 15.25m) is not available, adjustments may need to be made to maximum number per court  Reminders to maintain social distancing on arrival at venue	Training sessions reduced to 45 minutes (but allocated an hour slot) to manage traffic flow and allow sanitisation.  Sessions will be capped at 30 players max.  Full sized netball courts to be used and additional space hired. Outside venue to be used.  Social distancing notice to be on display.	COVID Officer, coaches	9 <sup>th</sup> Sept 2020	In progress

		<p>Congregating before or after netball training session is not permitted.</p> <p>One way systems in place to manage entry and exit onto court</p> <p>Signage and floor marking in place.</p> <p>Name &amp; contact detail of anyone in attendance collected/processed for Test and Trace purposes (stored for minimum 21 days in line with Data Protection Act 2018 and GDPR principles)</p> <p>All netball activity uses COVID-19 rule modifications</p> <p>Beginner players continuously reminded of modifications</p> <p>Circle players reminded more regularly</p> <p>Match officials, team bench and scorers positioned at least 2m</p>	<p>Players will be asked via Fairlands email not to arrive more than 10 minutes early and not to social distance.</p> <p>One way system will be set up for entry/exit to courts if facilities allow. If not, entry and exit will be managed by the coaches at the beginning/end of sessions.</p> <p>Contactless registration of all attendees will take place via app (Pitchero).</p> <p>Coaches to frequently remind players, especially circle players, of the rule modifications.</p> <p>Fairlands email and briefing prior to first training session will remind players and parents of</p>			
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		<p>apart or 1m+ where this is not possible.</p> <p>Parents and spectators remain socially distanced and gather in groups of no more than six</p> <p>Shouting is not permitted.</p>	<p>social distancing rules, traffic flow arrangements, arrival and registration procedures and no shouting.</p>			
<p><b>Fomite transmission via surfaces in venue</b></p>	<p>Players, coaches, officials, volunteers, parents, members of public at venue</p>	<p>Confirm with venue operator the procedures for the movement of and cleaning of any equipment such as netball posts (and any other large equipment items used at the facility such as tennis post and football goals)</p>	<p>Check with the venue</p>	<p>COVID Officer / Tracey Thompson</p>	<p>9<sup>th</sup> Sept 2020</p>	
		<p>Confirm with venue operator rigorous and regular cleaning processes are in place.</p> <p>Confirm with venue operator rigorous cleaning procedures for high contact touch points are in place</p> <p>Regular disinfection of such heavily used areas</p>	<p>Check the venue risk assessment for cleaning and disinfection procedures</p>	<p>COVID Officer</p>	<p>9<sup>th</sup> Sept 2020</p>	

		Ensure that venue adheres to PHE Guidance COVID-19 Cleaning in a non-healthcare setting in the instance of a confirmed case of COVID-19 from a user of the facility.	Check the venue procedures			
<b>Fomite transmission via equipment</b>	Players, coaches, officials, volunteers and parents	<p>Hand hygiene protocols in place prior to attendance and upon arrival</p> <p>Encourage players to bring their own ball if possible</p> <p>Hand sanitiser and wipes to be available during sessions</p> <p>All equipment including posts to be sanitised before and after each training sessions</p> <p>Bibs washed prior to each session and not shared if possible</p> <p>Inclusion of hand hygiene and ball sanitisation breaks every 15 minutes</p> <p>Sanitise post if players touches before play resumes</p>	<p>Fairlands email and briefing session to instruct all players to sanitise hands prior to arrival, bring their own sanitiser, use their own sanitised ball if possible.</p> <p>Coaches and captains to be provided with hand sanitiser and wipes and will be instructed to sanitise all equipment before and after the session/match.</p> <p>Captains and coaches to wash all bibs after each session and bibs will not be shared. Spare bibs have been purchased.</p> <p>Coaches to be instructed to include hand and ball sanitisation breaks every 15 minutes. Matches reduced to 10 min quarters to allow hand and equipment cleaning time.</p>	COVID Officer	9 <sup>th</sup> Sept 2020	In progress

		<p>Water bottles and whistles must not be shared and any left at end of session should be disposed of</p> <p>Suitable waste facilities available to dispose wipes and sanitisation materials</p>	<p>Coaches, players and officials instructed in England Netball email 18<sup>th</sup> Aug to sanitise posts if touched and not to share water bottles or whistles. To be re-inforced in Fairlands all-member email and briefing session.</p>			
<b>Airborne transmission</b>	<p>Players, coaches, officials, volunteers and parents</p>	<p>Where possible, netball activity should be conducted outdoors, providing there are acceptable facilities available and weather conditions allow.</p> <p>If indoor facilities are the only available option, the following must be in place;</p> <p>Adequate ventilation - a target ventilation rate of 20l/s/p is achieved.</p> <p>Ventilation systems to provide 100% fresh air, not re-circulated air from space to space.</p> <p>Non-surgical face coverings must be worn in indoor venues by coaches and non-active attendees e.g. first aider</p>	<p>Current plans are for outdoors netball activity only.</p>	<p>COVID Officer</p>	<p>9<sup>th</sup> Sept 2020</p>	<p>n/a</p>



		Where possible open windows and doors. Doors may need to be propped open unless they are fire doors which remain closed				
<b>Activity and common netball behaviours</b>	Players, coaches, officials, volunteers and parents	<p>Sessions are planned with Stage 4 rule modifications including warmups and small sided games</p> <p>At all times during match play (in training and competition), two umpires are required to ensure adherence to the modified rules</p> <p>Modifications and non-permitted common netball behaviours are communicated prior to activity commencing</p> <p>Players are briefed again at the beginning of sessions</p> <p>Beginner players and circle players are prompted more frequently</p> <p>Activity is planned appropriately after a substantial break from the game to reduce risk of injury</p>	Coaches to ensure these procedures are followed.	Coaches and COVID Officer	9 <sup>th</sup> Sept 2020	To commence in first training session

<p><b>Junior players and vulnerable adults</b></p>	<p>Junior players, vulnerable adults, parents of junior players and/or vulnerable adults</p>	<p>Clear and regular reminders of rule modifications during session</p> <p>Increase regularity of social distancing and rule modifications reminders for the youngest players (U11's)</p> <p>Practices and coaching aids to demonstrate required distances</p> <p>Use of assistant coaches and other adults to remind junior players.</p>	<p>Coaches to put these procedures into practice.</p>	<p>Coaches &amp; COVID Officer</p>	<p>9<sup>th</sup> Sept 2020</p>	<p>To commence in first training session</p>
<p><b>Toilets and changing rooms</b></p>	<p>Players, coaches, officials, volunteers and parents</p>	<p>Work with venue operator to ensure rigorous cleaning of toilet facilities and other communal areas are in place regularly</p> <p>Players arrive ready to play, use of changing room is not permitted</p> <p>Thorough hand washing after use of toilet facilities is encouraged</p>	<p>Venues to follow cleaning procedures in line with their published procedures and COVID Risk Assessment.</p> <p>All members received England Netball email 18<sup>th</sup> Aug 2020 and Fairlands follow-up email with instructions to arrive changed and wash hands after using the toilet.</p>	<p>Venues, COVID Officer</p>	<p>9<sup>th</sup> Sept 2020</p>	<p>In progress</p>

		Hand sanitiser to be available on courts so use of toilets is not needed for hand washing	All coaches and captains to have hand sanitiser available in 'COVID bag'	Coaches and captains		
<b>An injury is sustained whilst social distancing is in place</b>	Players, coaches, officials, first aider	<p>Hands to be sanitised before and after</p> <p>First aid to be administered with non-surgical face mask and gloves</p> <p>Follow guidance as per St Johns Ambulance</p> <p>Complete accident form</p> <p>Ensure any waste is disposed of safely</p>	All coaches and first aiders to be instructed to follow these procedures and St Johns ambulance guidelines.	Coaches & First Aiders	9 <sup>th</sup> Sept 2020	To commence in first training session
<b>Breaches to Government and England Netball guidance</b>	Players, coaches, officials, volunteers and parents	<p>Information shared in advance to avoid unintentional breaches</p> <p>Player reminders in place</p> <p>Persistent, intentional breaches dealt with via club disciplinary process</p> <p>Review activities after each session to identify any further adaptations that are required</p> <p>If activity cannot be safely managed, cease activity</p>	<p>All members received England Netball email 18<sup>th</sup> Aug 2020 and Fairlands follow-up email.</p> <p>COVID procedures to be reviewed regularly and activity modified or, as a last resource, ceased, if necessary.</p> <p>Persistent breaches will be dealt with in line with club policy.</p>	COVID Officer and coaches	9 <sup>th</sup> Sept 2020	In progress

Last updated: 04/09/2020